

BREAKFAST

STARTERS

Seasonal Fresh Fruit 6.95 cup / 8.95 bowl ♥

Fresh Berries (Seasonal) 8.95 cup ♥

Yogurt Cup (Greek or Vegan) 3.95 cup ♥

Add fruit +1.5

Yogurt & Granola Bowl (Greek or Vegan) 8.95 bowl ♥

with honey and choice of one fruit

Acai Smoothie Bowl (V) 12.95 ♥

Purple Power smoothie base, choose 4 toppings (included): sliced strawberries, bananas, blueberries, coconut, homemade granola, chia seeds, flax seeds, peanut butter, almond butter (Additional toppings extra)

Pain D'Avignon Cranberry-Pecan Toast 3.95 ♥

Two slices with butter and our own fig tree jam

Organic Steel-Cut Oatmeal 5.5 cup / 6.95 bowl ♥ Served with

brown sugar or honey. Add banana, berries or dried cranberries +1.5 each

Fig Tree's Homemade Granola w/Milk 6.95 bowl ♥

Add fruit +1.5

Toasted Bagel (Plain/Everything) With Cream Cheese 3.95

FIG TREE FAVORITES

Avocado Toast 9.95 ♥

Freshly smashed & seasoned avocado over toast of your choice, topped with arugula served with home fries. Add 2 eggs your way +3. Sub fruit cup +4.95

Our Famous Corned Beef Hash 14.95

2 farm fresh eggs any style & choice of toast

Salmon Scramble 15.95

3 farm fresh eggs, mild organic Vermont goat cheese, chives, & home fries, served with choice of toast

NY Steak & Eggs 19.95

6oz Angus sirloin steak cooked to order with 2 eggs your way, home fries, & toast

Healthy Start Breakfast 13.95 ♥

Two poached eggs, house made granola on fat free plain Greek yogurt (or Vegan yogurt), fresh fruit cup and one slice of multi grain toast

Cotuit Croissant 13.95

3 scrambled eggs, baby spinach, ham, Vt. cheddar, hollandaise, & home fries

Pulled Pork Huevos Rancheros 15.95

Two sunny eggs on tender pulled pork, 2 flour tortillas, corn & bean salsa, house chilled pico and queso fresco. Add avocado +2

Wild Caught Smoked Salmon Platter 16.95 ♥

Toasted bagel, cream cheese, tomato, red onion, capers and sliced egg

The Whole Farm 14.95

Two eggs any style, two pancakes, two pieces of Applewood bacon, two sausages, & home fries

Power Bowl 12.95 ♥

Sautéed spinach, mushrooms, broccoli, caramelized onions and red peppers atop organic quinoa served with our homemade avocado spread. Add eggs +3 Add grilled chicken +5

Figgy Piggy Breakfast Sandwich 13.95

Two fried eggs, caramelized onion, fig jam, brie cheese, arugula, and bacon on a bolo roll served with home fries

Bruschetta Avocado Toast 13.95

Freshly smashed and seasoned avocado on 7 grain toast, marinated tomatoes topped with two eggs your way and a balsamic drizzle served with home fries

BEAUTIFUL BENNY'S

Two perfectly poached eggs on Thomas' English muffins with homemade hollandaise and red bliss home fries

Traditional 14.95

Canadian bacon

Norwegian 16.95

Smoked wild caught Atlantic salmon

Irish 15.95

Our wicked awesome ten hour corned beef hash

Lobster Benedict (in season) Market Price

A Classic...Thomas' English with baby spinach & hollandaise

Florentine 14.95

Fresh baby spinach and grilled tomato

Southwestern 15.95

Pulled pork, pico de gallo, black beans, and corn

Crabby Patty 15.95

Maryland crab cakes, grilled asparagus

BREAKFAST BURRITOS

Served with home fries. Sub gluten-free wrap (+1.5)

The Basic Burrito 9.50

3 Eggs, your choice of American, cheddar or Swiss cheese. Add meat +2.50

The Veggie Burrito 11.95 ♥

3 Eggs, spinach, mushrooms, tomato, and provolone

The En Fuego Burrito 12.95

3 Eggs, ham, onion, sweet red pepper, house pickled jalapeño, and spicy pepper jack cheese. Served w/salsa

Steak and Cheese Burrito 14.95

3 Eggs, lean shaved steak, caramelized onion, American Cheese

Barnstable Burrito 12.95 ♥

3 Scrambled egg whites, feta, broccoli, & all natural turkey sausage Cooked any style with your choice of toast and our red bliss home fries

OMELET STATION

Farm fresh, three egg omelets. All served with homefries and toast

The Fenway 12.95

Boston Italian Sausage, red bell pepper, caramelized onion & provolone

Meat Lovers Omelet 13.95

Ham, Applewood bacon, and sausage with Vermont sharp cheddar

Hash Omelet 13.95

Our homemade corned beef hash and Vermont sharp cheddar

"The Brazilian" 12.95

Gaspar's linguica, red pepper, onion, & spicy pepper jack

Egg White Omelet 12.95 ♥

Baby spinach, mushroom, and Vermont organic goat cheese

The Organic Omelet 14.95

Organic eggs, freshly smashed and seasoned avocado, organic baby spinach, tomatoes, onions and your choice of American, Vermont Cheddar or Jack cheese Vegan cheese, no problem! +2

BUILD YOUR OWN

Pick any three for 12.95. Cheese only for 9.

Veggies

Tomato, caramelized onion, red bell pepper, mushroom, baby spinach, black olive, pickled jalapeño, broccoli

Meats

Applewood bacon, country ham, Hormel sausage, Gaspar's linguica, sweet Italian sausage

Cheeses

American, Vermont sharp cheddar, pepper jack, Swiss, feta, mild provolone

Premium

Cheeses +1.5

Smoked Gruyere, Organic Vermont Goat

- Additional veggies & cheeses +1
- Additional meats +2
- Sub egg-white +1.75
- Sub organic eggs +2.5

OFF THE GRIDDLE

Served with powdered sugar, whipped cream, and syrup

Buttermilk Pancakes

Tall Stack - three for 9.95 / Short Stack -two for 8.95 / Single -one for 5.95

Make your pancake(s) gluten free +1.5

Our Signature Pancakes 12.95

3 buttermilk pancakes with NY style cheesecake topped with fresh strawberries

Thick Cut Cinnamon Swirl French Toast 11.95

Gluten Free French Toast +1.50

Belgium Waffle 10.95

Gluten Free Waffle +1.50

Nutella French Toast 13.95

Thick cut cinnamon french toast topped with nutella, strawberries & bananas

ADD: strawberries, bananas, blueberries (in season), raisins, walnuts, almonds, pecans, chocolate chips +1.5 any item

FARM FRESH EGGS

All eggs are AA grade farm fresh. Our duck eggs come from a free range farm in West Barnstable, MA. *Sub 2 Duck Eggs +5

Two Eggs/Three Eggs 7.95 / 8.95

Two West Barnstable Duck Eggs 12.95

Cooked any style with your choices of toast and our red bliss home fries. Sub a fruit cup +4.95

Don't Panic, It's Organic 12.95

2 organic eggs your way with home fries and toast. Sub a fruit cup +4.95

SCRUMPTIOUS SAMMIES

Our famous "Millwich" breakfast sandwiches. Add home fries +2

Two fried eggs with American cheese

- on Jumbo Thomas' English. 6
- on Boston bagel 6.50
- on Croissant 7
- on Udi's whole grain, gluten free toast 7.50

ADD: bacon, ham, sausage, Canadian bacon +3

SIDES

Applewood smoked bacon, Hormel Special recipe sausage, Italian Sweet Sausage Link, Canadian Bacon, Country Natural Ham 5

Turkey Maple Sausage (Housemade/ All natural) 5

Organic Turkey Bacon 5

Gaspar's Local Linguica 5

Ultimate Home Fries 6.95 with onion, red bell pepper, bacon, mushrooms & hollandaise.

Shredded Hash Browns 5.5 with caramelized onion, red pepper

Red Bliss Home Fries 3.5

Tomato - Chilled or Grilled 5

Broccoli, Spinach 4

Pain D'Avignon Cran Pecan Toast (2) 3.95

Corned Beef Hash 8.5

Smoked Salmon 8.95

One Egg - Any style 2.5

One Egg (Organic) - Any Style 3.5

Duck Eggs (2) 7

Homemade Hollandaise 3

Organic Black Beans 4.95

Side Garden Salad 5.95

House Made Hot Sauce .5

House Made Fig Jam .5

POPULAR SWAPS

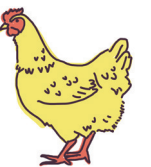
For Home Fries... Fresh fruit +4.95 • Hash browns +4.95

• Ultimate home fries +4.95

For Toast... White, Wheat, Marble Rye, or Raisin Toast

• English muffin or bagel +1.5 • Croissant +2 • Sourdough +1.25

• Gluten free +2.5 • Artisan Whole Grain +2.5 • Cranberry pecan +2.5





**BREAKFAST
LUNCH | CATERING**
In the heart of
Marstons Mills
Cape Cod, MA 02648
figtreecafecapecod.com
508-428-9814

LUNCH

CAFE SANDWICHES & MORE

Grilled Reuben on Marble Rye 14.95

Slow cooked corned beef with fresh sauerkraut, homemade 1,000 Island, Swiss cheese

Chicken Salad Croissant 13.95

Organic baby greens, sliced apple, and choice of one side

Classic Turkey Sandwich 12.95

Turkey breast with lettuce, tomato, onion, & herb mayo on white, wheat or marble rye. Add bacon or avocado +3

Cape Cranberry Sandwich 13.95

Turkey breast, gruyere cheese with cranberry mayo, lettuce, tomato, and onion on Pain D'Avignon cranberry pecan bread

BLT 12.95

Applewood smoked bacon, iceberg, tomato, and herb mayo on white, wheat, or marble rye. Add avocado +3

All American Burger 15.95

8 oz 100% Grass Fed Angus on grilled deli roll with lettuce, tomato, pickle & onion. Add cheese, grilled onion, or mushroom +1 ea. Add bacon or fried egg +2

Veggie Burger 14.95 ♥

All natural, handmade burger made of red and yellow beets, black beans, grilled pineapple, and quinoa. Served with a chipotle mayo and LTOP

Philly Loaded Cheesesteak Sub 15.95

Lean, shaved steak, provolone cheese, mushroom, onions and peppers

Grilled Chicken Breast & Pesto Panini 14.95 ♥

With tomato and provolone on Pain' D'Avignon artisan bread

Jack's Ultimate Quesadilla 12.95

Grilled flour tortilla with cheddar and pepper jack cheese, caramelized onions, and red peppers. Served with guacamole, pico de Gallo & sour cream. Add grilled chicken +5 or lean shaved steak +6

Cubano Panini 14.95

Slow cooked pulled pork, sliced natural ham, onion, pepperoncini, Swiss cheese and mustard mojo sauce on a focaccini roll

Boston Strong Hot Dog 12.95

Kayem 1/4 lb hot dog on grilled brioche roll served with Boston baked beans and choice of chips, coleslaw, home fries or potato salad



All sandwiches come with choice of:
homemade red bliss potato salad, home fries,
fresh cole slaw, or Cape Cod chips

Substitute a small side salad or fruit cup +4.95

EASY PEASY GRILLED & CHEESY

Classic Grilled Cheese 9.95

Sharp Vermont Cheddar on white, wheat, or marble rye
Add tomato +1 Add bacon or ham +3

Grown-up Grilled Cheese 12.95

Local smoked Gruyere, grilled tomato, and crisp Applewood smoked bacon on Pain D'Avignon artisan bread

Tuna Apple Melt 12.95

Our solid white Albacore, American, grilled slices of delicious apple on marble Rye

Fig Tree Grilled Cheese 12.95

Double cream Brie cheese, apple slices, arugula, and fig jam on sourdough

WRAPS

Sub gluten-free wrap (+1.5). May sub toasted bread at no cost

BLT 12.95

Crispy bacon, romaine, tomato, and herb mayo. Add avocado +3

Chicken Caesar 12.95 ♥

Grilled chicken, romaine, parmesan, Caesar dressing

Tuna Salad 12.95

Solid white albacore tuna, organic spring mix, tomato, and herb mayo

Chicken Salad 12.95

All white chicken salad, organic spring mix, tomato and herb mayo

Hummus Veggie Wrap 12.95 ♥

Homemade hummus, avocado, feta, spinach, onion, olives and tomato

SALADS

Our homemade dressings are Fig Tree's Signature Fig/Balsamic Vinaigrette, Cranberry Vinaigrette, Italian, 1000 Island, Greek, Ranch, or Caesar

The Cape Codder 12.95 ♥

Organic mixed greens with dried Cape cranberries, walnuts, apple, and crumbled bleu cheese

Classic Caesar 11.95 ♥

Chopped Romaine, Parmesan cheese, house croutona, and Caesar dressing

Garden Salad 10.95 ♥

Organic mixed greens, tomato, onion, carrot, croutons

Cobb Salad 14.95

A blend of organic baby spinach and iceberg with grilled chicken, smoked bacon, tomato, bleu cheese, chopped egg

Beet Salad 14.95 ♥

Organic red beets with Vermont goat cheese, mandarin orange, carrot, red onion, and pecan on organic mixed greens

ADD TO YOUR SALAD

- Solid White Albacore Tuna, chicken salad, or grilled chicken breast +5
- Scoop of lobster salad +12.95 (in season)

SOUPS & COMBOS

SOUPS

All made in-house with 100% natural ingredients and no preservatives

Tomato Basil Soup (Vegan) 5.95 cup / 6.95 bowl

Homemade Clam Chowder 6.95 cup / 7.95 bowl

Soup and Salad Combo 12.95

Soup of the day with garden side salad

Soup and Sandwich Combo 12.95

Soup of the day with choice of 1/2 BLT, Classic Grilled Cheese, or Classic Turkey Sandwich

FOR THE KIDS

For children 10 and under

Mickey Mouse - Pancake with bacon 6.95

Donald Duck - 1 Egg, home fries, toast 6.95

Goey Grilled Cheese served with chips or home fries 7.95

Hot Dog served with chips or home fries 7.95

Classic PB&J served with apple slices 6.95

AB&J (Almond Butter) served with apple slices 7.95

SMOOTHIES

Immunity Boost Smoothie 9.95

Organic kale, pineapple, coconut water, lemon juice, ginger, organic flax seed

Purple Power Smoothie 9.95

Organic unsweetened almond milk, organic blueberries, organic acai puree, organic agave syrup, organic chia seeds

Mango Mama Tropical Smoothie 9.95

Organic unsweetened almond milk, fresh mango, organic strawberries, banana, coconut flakes, organic agave syrup

Wake Up Call Smoothie 9.95

Organic unsweetened almond milk, organic Beanstock cold brew coffee, banana, peanut butter, maple syrup, ground cinnamon

Rock N Raw Cacao Smoothie 9.95

Organic unsweetened almond milk, banana, raw cacao powder, pure maple syrup, organic peanut butter, organic flax seed

Add-ins: • Plant-Based Protein Powder (+1.50) • Chia Seeds (+.50)

• Flax Seeds (+.50) • Berries (+1) • Greek Yogurt (+1)

BEVERAGES

Beanstock Organic Coffee 3.75 (neverending cup; dine-in only)
Regular or decaf. Almond milk + oat milk available at slight upcharge

Hot Lipton Tea 3.25

Regular or decaf (the second is on us)

Mighty Leaf Organic Teas 3.75 ea

Organic 24 Hr. Cold Brew 4.95

Hot Cocoa 3.50

Iced tea/coffee 3.75

Fresh squeezed OJ 3.5

Soda (can) 3.5

Milk 2% 2.5 / Chocolate Milk 3.5

Poland Spring water bottle 2.75

Cranberry, Grapefruit, Tomato 2.95

San Pellegrino Sparkling Water 3.5

Lemonade or Arnold Palmer 3.5

20% Gratuity included for parties of 6 or more (onsite dining); 12% gratuity may be included on take out orders of 6 or more items. Before placing your order, please inform your server if a person in your party has a food allergy. *Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

